



Sacred Heart of Jesus Catholic Church

“As each has received a gift, use it to serve one another as good stewards of God’s varied grace.” — 1 Peter 4:10

Confirmation Saint Project

The gift of faith has been handed down through generations, by our family, friends, and all of the faithful men and women throughout the centuries. This is especially true of those the Church recognizes as being in Heaven, our saints. As Catholics, we believe that the saints are with God, and thus intercede on our behalf when we pray to them for help. As a candidate for the Sacrament of Confirmation, you are encouraged to choose a saint to whom you may turn, your patron saint, during this time of preparation and throughout your life, as a source of spiritual strength and guidance.

Saints were ordinary people who strove to do God’s will. When Mother Teresa was questioned by a TV interviewer who asked, “What are you trying to do, become a saint?” she responded, “Yes. Shouldn’t we all strive for that?”

There are two additional suggestions to consider as you think about your choice. You may choose to use your present baptismal name (first or middle name) which would symbolize a sacramental connection with your Baptism and Communion as Sacraments of Initiation. Using your baptismal name could demonstrate that you feel there has been a continual growth in your faith and that you continue to accept living in Christ and desire to be strengthened with the graces of the Sacrament. Or, you may choose the name of a saint that you have spent time learning about who is an example of how a true follower of Christ lives. By doing so, this choice could symbolize for you a renewal in dedication on your journey of faith. You might consider this if you feel that you have not been particularly strong in your faith commitment but are willing to make a renewed commitment to Christ and the Catholic community. Your commitment could be symbolized with the taking of a new name.

My full baptismal name is _____

My parents chose this name because _____

List three Saints that you would like to know more about or are considering as your Confirmation

patron 1. _____ 2. _____ 3. _____

Remember to share your findings with your sponsor and have him/her sign the bottom.

Saint your sponsor chose for his or her Confirmation _____

Candidate’s signature

Sponsor’s signature

Research – Saint #1 (handwritten, please)

Candidate's Name _____

Saint's Name _____

Where and when was he/she born? _____

What was his/her profession? _____

Was he/she born Catholic or did they become Catholic as an adult? And if they did convert, why? _____

What did this saint do during his/her life that made them worthy of being canonized a saint?

Where, when and how did he/she die? _____

What made you interested in this saint? _____

How can your life reflect the life of this saint? What changes can you make to live like him/her?

Research – Saint #2 (handwritten, please)

Candidate's Name _____

Saint's Name _____

Where and when was he/she born? _____

What was his/her profession? _____

Was he/she born Catholic or did they become Catholic as an adult? And if they did convert, why? _____

What did this saint do during his/her life that made them worthy of being canonized a saint?

Where, when and how did he/she die? _____

What made you interested in this saint? _____

How can your life reflect the life of this saint? What changes can you make to live like him/her?

Research – Saint #3 (handwritten, please)

Candidate's Name _____

Saint's Name _____

Where and when was he/she born? _____

What was his/her profession? _____

Was he/she born Catholic or did they become Catholic as an adult? And if they did convert, why? _____

What did this saint do during his/her life that made them worthy of being canonized a saint?

Where, when and how did he/she die? _____

What made you interested in this saint? _____

How can your life reflect the life of this saint? What changes can you make to live like him/her?

