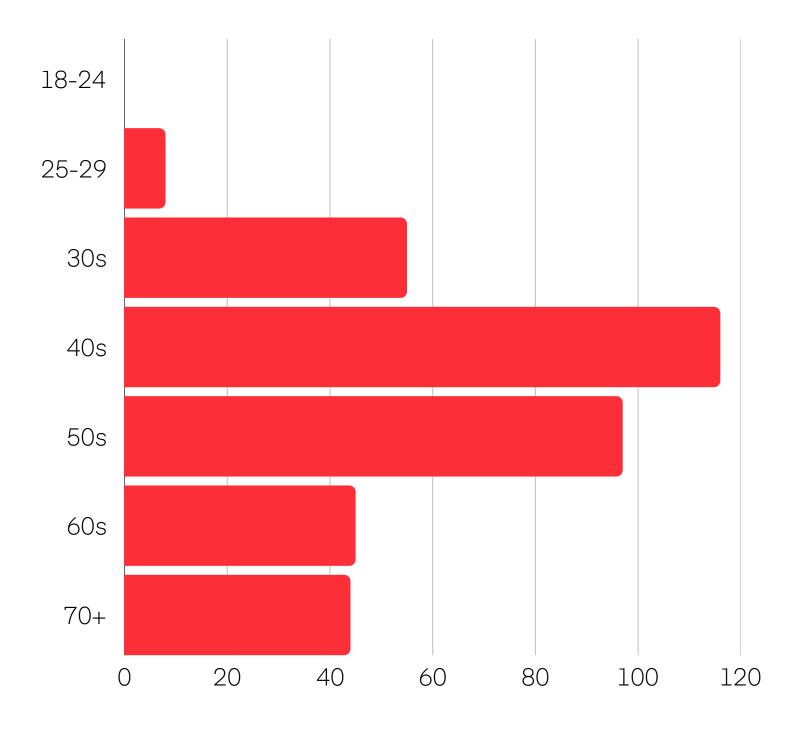


# Annual Marital Health Survey Report

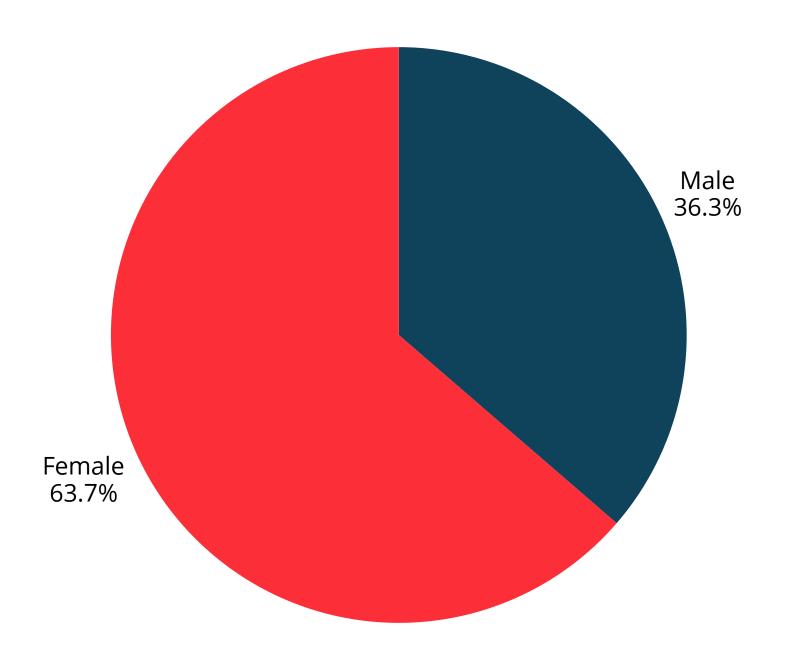
SEPTEMBER 2025 366 PARTICIPANTS



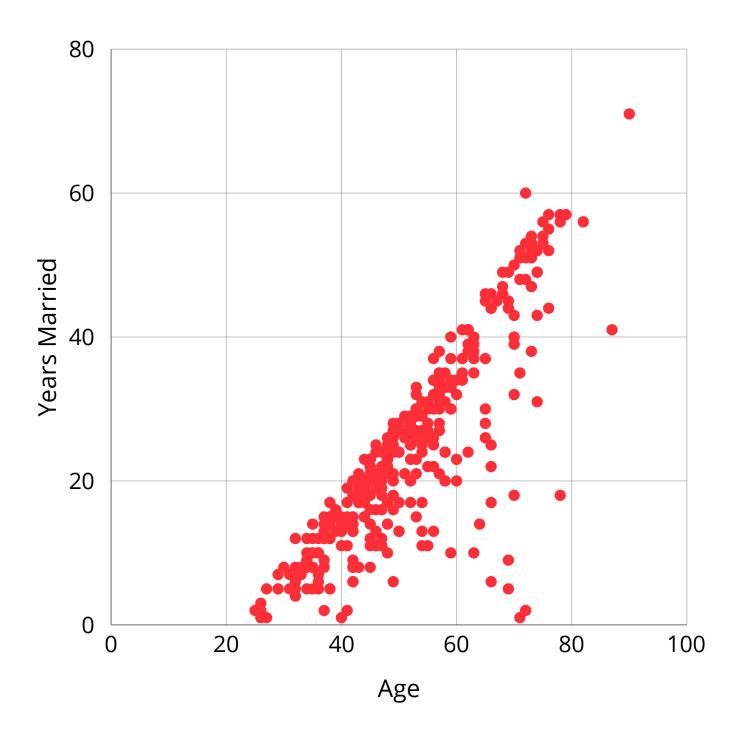
### Age



#### Gender



### How many years have you been married?



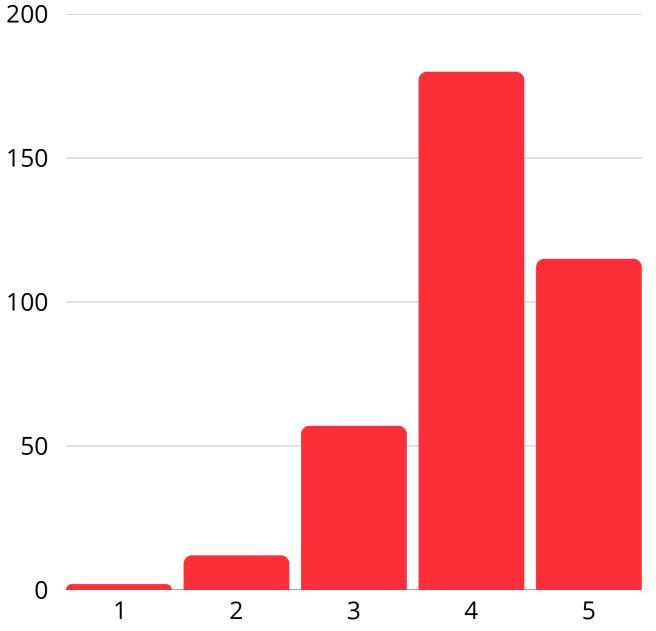
**Average Years Married: 24** 

#### All in all, how satisfied are you in your relationship?

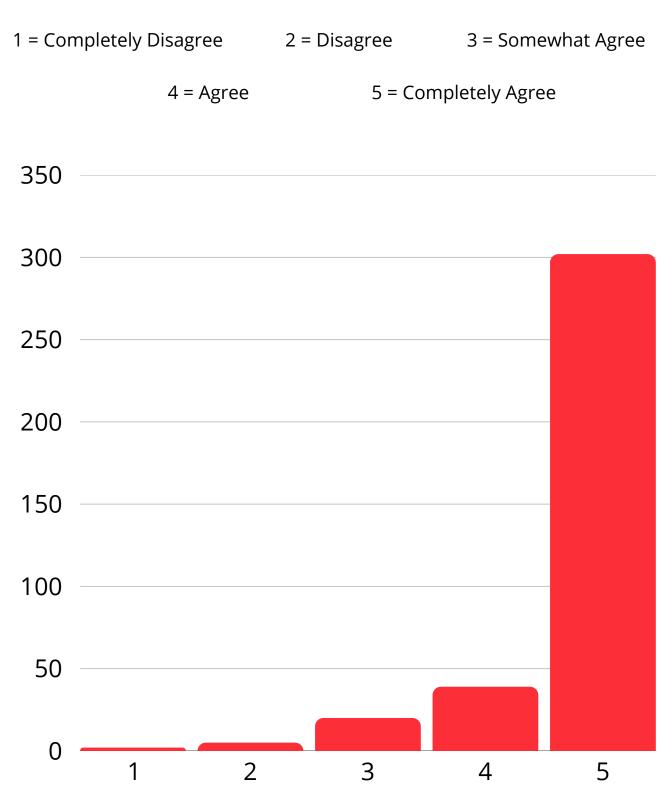
1 = Not At All Satisfied

2 = Not Very Satisfied 3 = Somewhat Satisfied

4 = Very Satisfied 5 = Completely Satisfied



### Our marriage is going to make it. We are not heading for divorce.



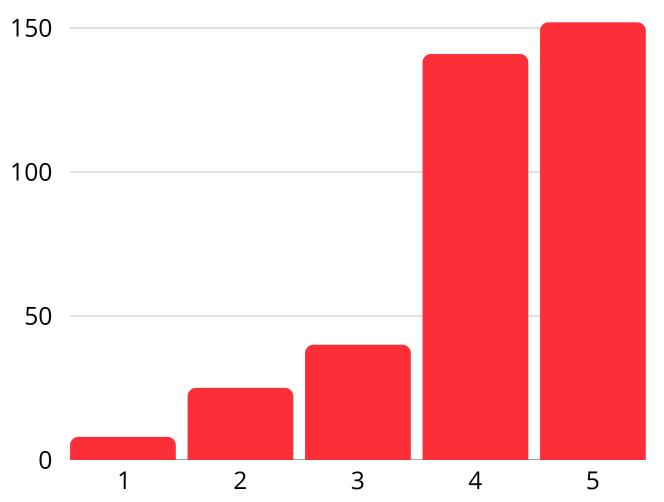
#### My spouse and I have the knowledge and skills to communicate well.

1 = Completely Disagree 2 = Disagree 3 = Somewhat Agree

4 = Agree

5 = Completely Agree

200



#### I am confident in our ability to resolve conflict in a healthy way.

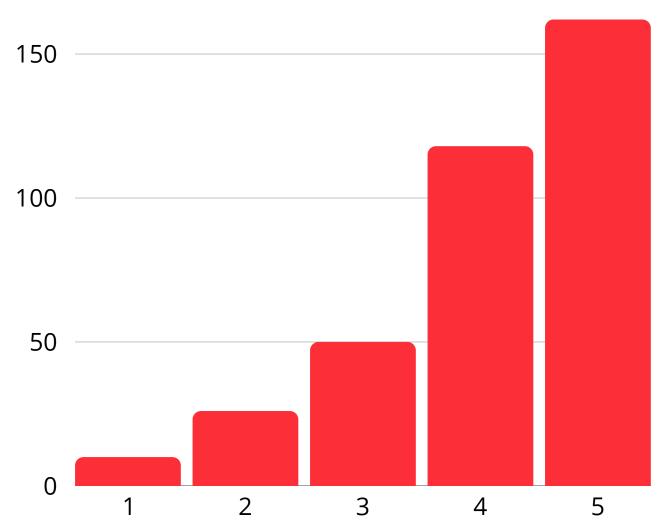
1 = Completely Disagree 2 = Disagree

3 = Somewhat Agree

4 = Agree

5 = Completely Agree

200



### I am good at seeing things from my spouse's point of view.

1 = Completely Disagree 2 = Disagree 3 = Somewhat Agree 4 = Agree 5 = Completely Agree 

#### My spouse is good at seeing things from my point of view.

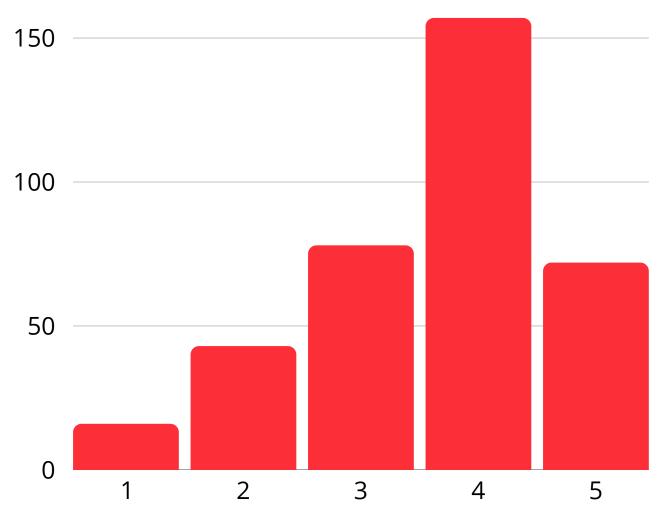
1 = Completely Disagree 2 = Disagree

3 = Somewhat Agree

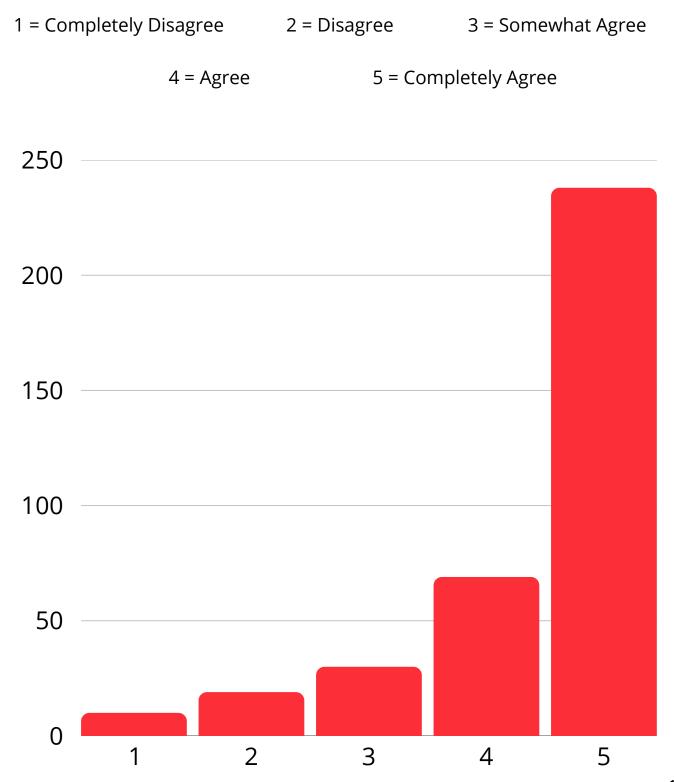
4 = Agree

5 = Completely Agree

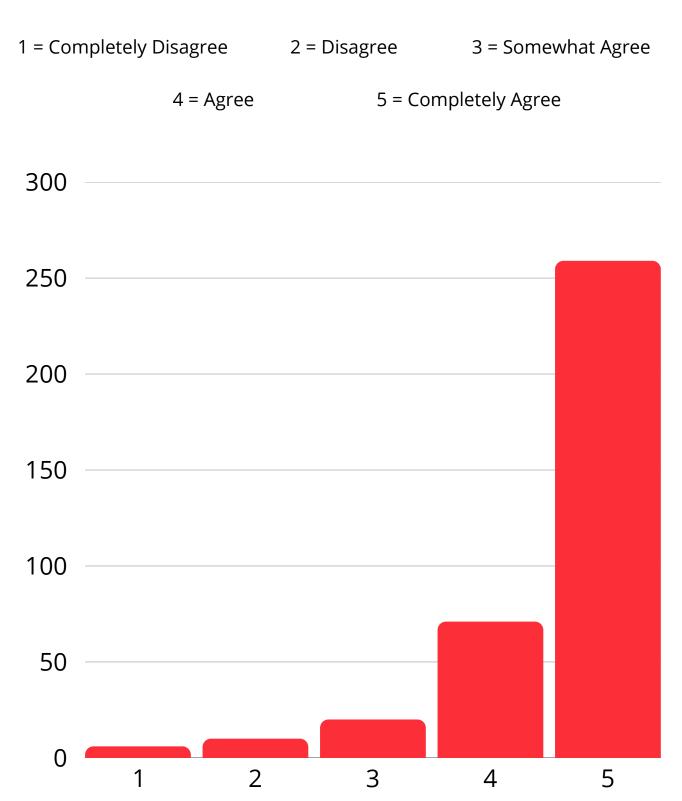
200



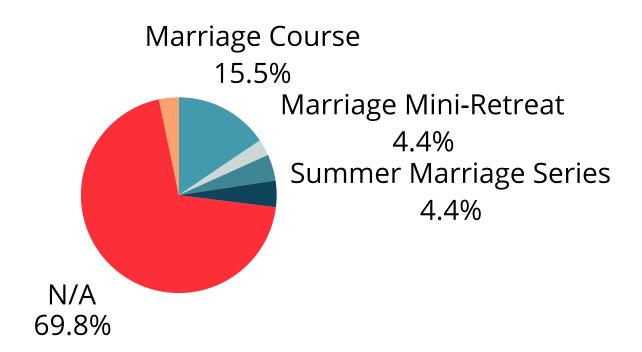
### In our relationship, it is safe emotionally for me to confide in my spouse.



#### I enjoy being with my spouse.



## Have you attended a marriage enrichment opportunity offered at Sacred Heart?



Marriage Course: 56

Building a Eucharistic Marriage: 10

Marriage Mini-Retreat: 16

Summer Marriage Series: 16

Another marriage enrichment opportunity

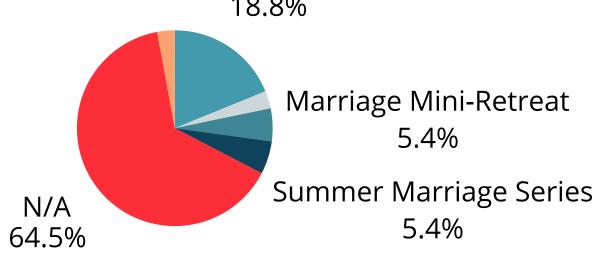
elsewhere: 8

I have not attended a marriage enrichment opportunity offered at Sacred Heart: 256

# Have you attended a marriage enrichment opportunity offered at Sacred Heart?

Under Age 60





Marriage Course: 52

Building a Eucharistic Marriage: 8

Marriage Mini-Retreat: 15

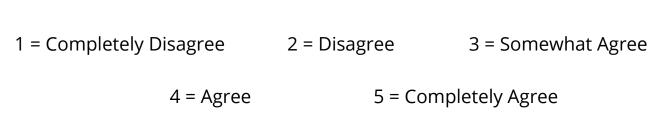
Summer Marriage Series: 15

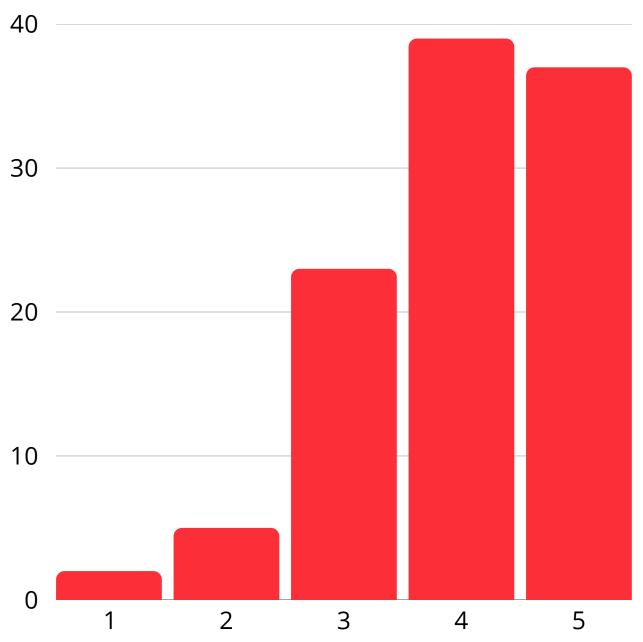
Another marriage enrichment opportunity

elsewhere: 8

I have not attended a marriage enrichment opportunity offered at Sacred Heart: 178

### Our marriage is in a better spot after attending the enrichment opportunities.





### The skills or information we learned were helpful for our marriage.

1 = Completely Disagree 2 = Disagree 3 = Somewhat Agree 4 = Agree 5 = Completely Agree