



# Sacred Heart of Jesus Catholic Church Parish Bulletin

December 3, 2023 | The First Sunday of Advent

Fr. Jaime Zarse, Pastor

**Our Parish Mission:** *We, the faith community of Sacred Heart of Jesus Catholic Church, faithful to the teachings of the magisterium, are committed to forming Disciples of Christ by embracing Stewardship through Hospitality, Prayer, Formation and Service.*

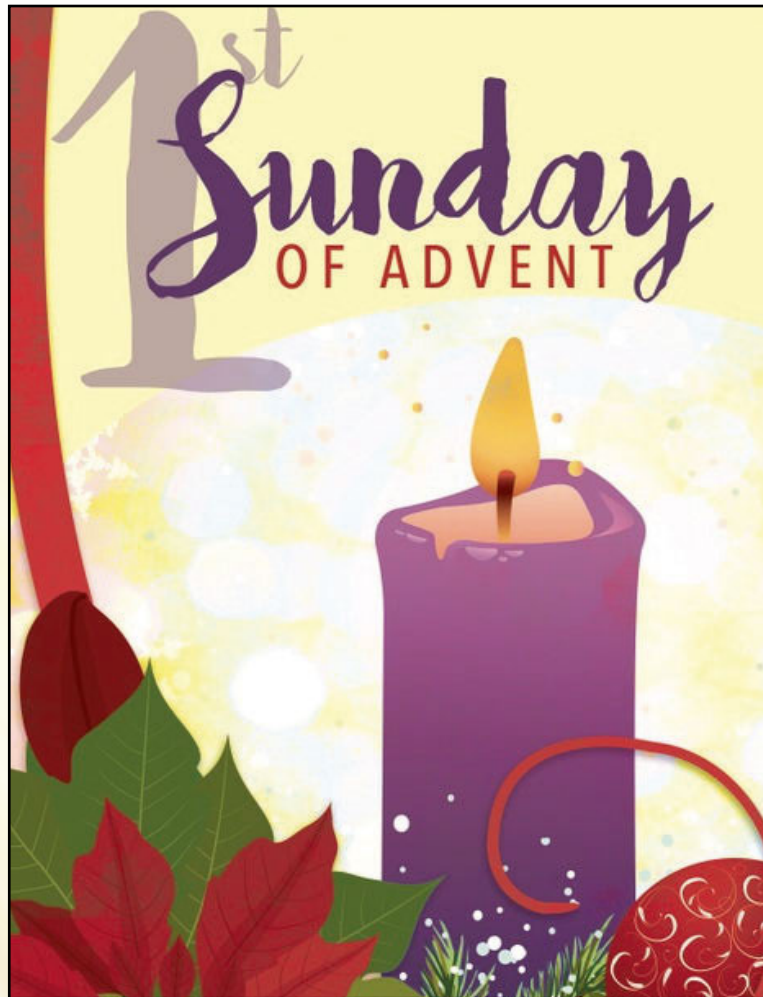
Facebook [@SacredHeart5501](https://www.facebook.com/SacredHeart5501)

[www.shoj.org](http://www.shoj.org)

Youth Ministry Instagram: [@youthshoj](https://www.instagram.com/youthshoj)

# WELCOME

*We're  
Glad  
You're  
Here*



## Sacrament & Contact Information



### BAPTISM

A Baptism preparation class must be completed prior to scheduling your child's baptism. Baptisms are held on Sundays after the 11 a.m. Mass. Please contact **Kathleen Whalen** at **913.422.5700** for more info and to schedule your class.



### CONFIRMATION

Preparation begins in August for those students who are in the 8<sup>th</sup> grade. Please contact **Jen Zans** at **913-422-5700 ext. 247**, for more information.



### RCIA (Becoming Catholic)

Our Rite of Christian Initiation of Adults sessions meet weekly on Tuesday evenings beginning in mid-September. Contact **Char Mies** **913-422-5700, ext. 241** for more information.



### FIRST EUCHARIST

Preparation begins in August for those students who are in 2<sup>nd</sup> grade. Please contact **Emily Dumler** at **913-422-5520 ext. 202** for more information. First Eucharist will be on Sat., April 22, 2023.



### MARRIAGES

You must be a registered member of the parish for a minimum of six months. Please contact a priest at least six months prior to the anticipated wedding date to begin marriage preparation.



### ANOIDNTING OF THE SICK

Celebrated the First Thursday of each month within the 6:30 and 8:15 a.m. Masses as well as upon request. Contact the parish office **913.422.5700** for details.

# Hospitality

“LET MUTUAL  
LOVE  
CONTINUE.  
DO NOT  
NEGLECT  
HOSPITALITY,  
FOR THROUGH  
IT SOME HAVE  
UNKNOWNLY  
ENTERTAINED  
ANGELS.”

– Hebrews  
13:1-2



Breakfast with Santa is scheduled for **Saturday, December 9** from 8:00 - 11:00 a.m. in the School Gym. Our Knights of Columbus will serve a yummy breakfast while the kiddos meet with Santa! Games and crafts too! Free will donation for breakfast. Scan the code below to sign up for a time to take pictures with Santa.

Scan to Register!



## Rosary Leaders Needed

Sacred Heart is bringing back the rosary before ALL Masses! What better time than Advent (starting December 2) to add this powerful prayer meditation back into our Sanctuary. To do this, we need volunteers to lead the rosary 30 minutes prior to the start of Mass. All instructions are in the sign up link. Thank you for helping us offer this prayer time to our Parish! Click here to sign up:

<https://bit.ly/rosary-shoj>



## COMING UP:

**Parish Penance Service**  
Wednesday, Dec. 6 @ 7:00 pm

**Breakfast with Santa**  
Saturday, December 9

**St. Mary's Food Kitchen**  
Tuesday, December 12

**Adoration Night w/Fr. Zarse**  
Wednesday, December 13

Do you receive our  
weekly email updates?  
If not, scan the barcode  
below to join!



## Week at a Glance

	MONDAY 12.4.23	TUESDAY 12.5.23	WEDNESDAY 12.6.23
<b>Mass Times/ Mass Intentions</b>	6:30 a.m. LeRoy Rucinski † 8:15 a.m. Tom Schippers †	6:30 a.m. Andrew and Emma Kucera †† 8:15 a.m. Margaret Droste †	6:30 a.m. Tony Macek † 8:15 a.m. Lawrence (Don) Roederer †
<b>Daily Gospel Readings</b>	First Reading: Is 2:1-5 Gospel: Mt 8:5-1	First Reading: Is 11:1-10 Gospel: Lk 10:21-24	1st Reading: Is 25:6-10a Gospel: Mt 15:29-37
<b>Reconciliation Times</b>	7:00 - 8:00 a.m.	7:00 - 8:00 a.m.	6:00 - 7:00 p.m.
<b>Feast Days or Memorials</b>			



# Prayer



## INVITED to ADORE!

As part of the USCCB three-year emphasis on "Eucharistic Revival", we are launching a campaign to promote Adoration as a personal spiritual practice. Starting in Advent (December 2) we are inviting you and your families to commit to a permanent weekly holy hour. The goal is to have a minimum of two adorers in the Adoration Chapel every hour of every day! The potential of such a spiritual practice to enrich and uplift each adorer as well as the entire Sacred Heart faith community is immeasurable! You will never regret this time spent with our LORD. Scan the code to register or visit the information desk!

## Gospel Meditation

*First Sunday of Advent*

Lately I've been listening to a science-based podcast on healthy daily living. The host frequently discusses the wide range of health benefits of sleep. So, each night I'm trying to get more, and better, slumber, and it's helping me feel energized. So, why in the world should we follow Christ's advice this week? "Watch therefore, for you do not know when the master of the house will come ... lest he find you asleep." Isn't sleep, especially at midnight and cockcrow, a good thing?

Of course, it is. But the wakefulness the Lord calls us to is a deep, personal orientation to Him. A nightly vigil is therefore a metaphor for this, but it's not just that. We should give up real sleep in order to pray, too. This difficult practice is a time-tested way to foster wakefulness of heart. When we give up sleep to pray, it focuses us. We learn that life is not an endless series of days. You and I belong to the Lord — awake or asleep, in life and in death. Sooner or later, even our need for our physical sleep will pass away. And our attentiveness to God — that is, whether we are awaiting Him to meet us — will be all that matters.

May I challenge us this week and this Advent to intentionally give up at least one hour of sleep each week for prayer? Stay up later, wake up in the middle of the night, or an hour earlier, and pray. Will we be a bit more tired the next day? Yes. But we'll be amazed at the spiritual wakefulness that results, too.

— *Father John Muir*

"HAVE NO ANXIETY AT ALL, BUT IN EVERYTHING, BY PRAYER AND PETITION, WITH THANKSGIVING MAKE YOUR REQUEST KNOWN TO GOD."

**Philippians**

**4:6**



THURSDAY 12.7.23	FRIDAY 12.8.23	SATURDAY 12.9.23	SUNDAY 12.10.23
6:30 a.m. Inten of Roan Lorimer 8:15 a.m. Brett Simmons † 7 p.m. Sacred Heart Parishioners	6:30 a.m. Inten of Joe Oberle 8:15 a.m. Melba Mills †	8:15 a.m. Inten of Scott & Melinda Kincaid 4:30 p.m Inten of Tom Spalding	8:00 a.m. Savannah Armendariz † 9:30 a.m Sacred Heart Parishioners 11:00 a.m. Inten of Geneva Musolf
First Reading: Is 26:1-6 Gospel: Mt 7:21, 24-27	First Reading: Gn 3:9-15 Gospel: Lk 1:26-3	First Reading: Is 30:19-21 Gospel: Mt 9:35—10:1, 5a, 6-8	First Reading: Is 40:1-5, 9-11 2nd Reading: 2 Pt 3:8-14 Gospel: Mk 1:1-8
	7:00 - 8:00 a.m.	3:00 - 4:00 p.m.	
			

# Adult Formation

“I, THE  
LORD, YOUR  
GOD, TEACH  
YOU WHAT  
IS FOR YOUR  
GOOD, AND  
LEAD YOU ON  
THE WAY YOU  
SHOULD GO.”

– Isaiah  
48:17



## RCIA Participants Dismissal

Why are some RCIA participants dismissed in the middle of our 9:30 Mass?

For the last couple weeks you may have noticed those adults preparing to be baptized into the Catholic church are dismissed at the end of the Liturgy of the Word. This will continue each Sunday until Easter when, at the Easter Vigil, those who are ready will join us at the Table of the Eucharist for the first time. Though they cannot yet come to the table of the Eucharist, the Church has an obligation to feed those who have entered into a relationship with her through the Rite of Acceptance which we recently celebrated as a community. God's Word is their food during this period. These participants depart from the Mass with an RCIA team member to discuss the Mass readings and to experience more fully the impact of the Scriptures in their lives. It is a most fruitful and joyful experience. Please pray for them and their time spent in Dismissal!

***“All Scripture is inspired by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the one who belongs to God may be complete, equipped for every good work.” (2 Timothy 3:16-17)***



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## Why do we do that? Catholic Life Explained **Wine Distribution**



**Question:** Why haven't Catholic Churches gone the way of disposable cups for wine distribution?

**Answer:** If a Catholic has ever attended a Protestant worship service and saw the communion service that was offered for that community, one of the things that might have stood out was the use of small, disposable cups for distributing the wine or grape juice. This is in stark contrast to the precious metal chalices used in Catholic churches during the Mass.

Although practices for Protestant Christians can vary (ranging from large shared chalices, to personal-use cups, to dipping the bread in the wine/grape juice), the norms governing Catholic practices are fairly direct: "Sacred vessels are to be made from precious metal. If they are made from metal that rusts or from a metal less precious than gold, then ordinarily they should be gilded on the inside. In the Dioceses of the United States of America, sacred vessels may also be made from other solid materials that, according to the common estimation in each region, are precious ... they are to have bowls of nonabsorbent material" (nos. 328-330). Rather than being a commentary on the beliefs or practices of those other communities, these rules are intended to highlight the reverence that Catholics have for the bread and wine consecrated at Mass, which become the Body and Blood of the Lord.

# Advent Corner

## Practical Tips for Advent

The word 'Advent' comes from Latin and means "coming"; its purpose is to look forward to the coming of Christ to earth; it is a season that focuses on waiting. So, Advent means something new is coming. The dawn of a new and better era! **Here are some ways to help you prepare for Advent:**

1. Reflect on the "three comings of the Lord:" the birth of Jesus in Bethlehem; the coming of Jesus into our lives in the present time; and Christ's final coming in glory on the last day. In Advent, we wait and prepare for all three.
2. Read some sort of short, daily devotion. Find a person or two to discuss your meditation. Consider the *Rejoice! reflections* or *Word Among Us*.
3. Get some quiet time. Center yourself on Christ by repeating the prayer, "Come, Lord Jesus" to yourself, slowly as you breathe in and out with your eyes closed. (Consider visiting the Sacred Heart Adoration Chapel...open 24-7)
4. **Say NO, it's OK.**
5. Listen to Advent music.
6. Decorate. Catholics are sacramental people: smells, bells, stained glass, beautiful music, bread and wine. God can visit through our sensory experiences...so put out a nativity set and some candles and greens.
7. Light an Advent wreath. In your "domestic church," add an Advent wreath tradition which is



a simple and lovely way to strengthen that smallest, essential community of faith.

8. If you have young children, add a Christmas book to the bedtime reading list. Add a nativity book for children to your reading list. Remember how vivid and awe-inspiring the nativity story is.

9. Support an organization that works for social justice. As the magi brought whatever they had to give the newborn king, giving gifts to organizations that further the building of the kingdom of God on Earth is one way to celebrate their legacy.

10. Consider the Sacrament of Reconciliation. Advent is all about preparing, there's no better way to prepare than to open your heart and receive the spirit. (Parish Penance Service: December 6 at 7:00 p.m.)

"BLESSED ARE  
THOSE WHO  
HUNGER AND  
THIRST FOR  
RIGHTEOUS-  
NESS, FOR  
THEY WILL BE  
SATISFIED."

– Matthew  
5:6



## Advent Dates for Couples

### Advent Movie Marathon

- \* Pick a cozy evening to watch a series of Advent-themed movies or Christmas classics. Before each movie, take a few moments to read a relevant Bible passage or Advent devotional together.
- \* During intermissions, discuss the themes of hope, peace, joy, and love, connecting them to your own lives and experiences.
- \* Conclude the evening with a prayer thanking God for the gift of each other and the anticipation of the Christmas season.

<https://archkck.org/family/life/>





# Sacred Heart School

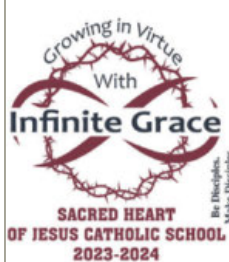
DECEMBER

VIRTUES:

SINCERITY

AND

TRUSTWORTHINESS



## Sacred Heart of Jesus Catholic School



*Community Spotlight*

Near & Dear Day!

2023-24 GROWING IN VIRTUE WITH INFINITE GRACE



THANK YOU TO ALL WHO ATTENDED

### Near and Dear Day at Sacred Heart School

One of our favorite days at Sacred Heart is Near and Dear Day. In the week of Thanksgiving, we hosted 400+ guests in the building: a special aunt or uncle, grandparents, great-grandparents, or family friends who hold a special place in the hearts of our students. Our guests joined us for Mass and time in student classrooms. We are grateful to our parish family for allowing our students' extended family to celebrate a day at Sacred Heart.

## 7th Grade teaches the Kindergartners

Seventh graders shared some time Monday with the kindergartners.

Seventh graders have been learning about St. Rose Philippine Duchesne, a missionary who traveled to Kansas in 1841. She shared her love of Jesus with the Potawatomi Indians.

Kindergartners help support Duchesne House (in our MS House Community System) throughout the year. Now they know why we celebrate the life of St. Rose Philippine Duchesne!



# Adult/Youth Formation

## Healing Retreat for Adult Children of Divorce

Adult children of divorced or separated parents can come find healing at the Life-Giving Wounds retreat, **January 12-14** at Savior Pastoral Center in Kansas City, KS. The weekend is presented by trained peer leaders and includes insightful talks, Reconciliation/Adoration, time for prayer and optional small groups.

Limited scholarships are available upon request for residents of the Archdiocese of KCK! Spots are limited! Register today at: [archkck.org/LGW](http://archkck.org/LGW)

Questions? Contact Brad DuPont at [bdupont@archkck.org](mailto:bdupont@archkck.org) or 913-647-0301.





### LIFE-GIVING Wounds

## HEALING RETREAT FOR ADULT CHILDREN

*of divorced, separated or never-married parents*

**JANUARY 12-14, 2024  
KANSAS CITY, KS**  
at Savior Pastoral Center

\$150 (Commuting)  
\$250 (Single room)  
\$220 (Double room)

Limited scholarships available for residents of the Archdiocese of Kansas City in Kansas.



<b>HEALING</b> The Life-Giving Wounds retreat gave me space to grieve and be understood in this wound. It also gave me tools that integrate humanity and spirituality to lead me to forgiveness and healing. - Kevin	<b>SPACE</b> This retreat was a beautiful, intentional space to be seen or heard, without judgment in all my messiness. - Maggie
<b>INSIGHT</b> So many "aha!" moments, especially in unpacking this wound with the sacraments. - Anonymous	<b>FREEDOM</b> Learning about the fundamental loss I was known but not understood gave me freedom from unhelpful patterns of behavior I didn't even know I was doing. - Anonymous

"BLESSED ARE THOSE WHO HUNGER AND THIRST FOR RIGHTEOUSNESS, FOR THEY WILL BE SATISFIED."

– Matthew 5:6



### 1st SUNDAY OF ADVENT



## Blessed Art will be at Sacred Heart!

Save the date! Blessed Art will be visiting Sacred Heart again on the weekend of **December 9-10, 2023**. They will be set up in the Meeting Rooms with lots of gifts and items to see and choose from.

**Their Mission:** Here at Blest Art, our mission is simple, to encourage growth in the diminishing population by ensuring these beautiful handcrafted pieces can reach you, right to your doorstep. We work closely with Catholic churches in the United States to preserve the presence of Christianity in the Holy Land and bring awareness to their mission. Wars and violence have affected tourist trade so greatly that for centuries, many of the Christians in the Holy Land have based their livelihoods on creating and distributing these crafts.





# Service

"I, THE  
LORD, YOUR  
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IS FOR YOUR  
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## Angel Tree - Only 200 Gifts Left!

We're almost there! This is our opportunity to provide a brighter Christmas to others in our community. Simply scan the QR code to choose your gifts and then bring the wrapped gift (with gift number and description) back to Sacred Heart on November 25-26 or December 2-3. See link for more details. Thank you for your generosity in this season of giving!



Scan code to  
choose a gift!

## Ongoing Service Opportunities

### **2nd Tuesday of the Month**

Every second Tuesday of the month, Sacred Heart helps feed the hungry through the **St. Mary's Food Kitchen**. Look for pans the weekend before (in the narthex) to cook and bring back a dish by Tuesday at 8:45 a.m. OR help serve the food that morning at 9:00 a.m. at the Willa Gill Center, 645 Nebraska Ave. KCKS. Contact Ryan and Lynsey Hammeke for further details at 913-422-8228.

### **4th Friday of the Month**

Do you like to bake? Every 4th Friday of the month (see sign up genius for exact dates) Sacred Heart provides cookies for **Feed His Lambs** community organization which provides meals to families in need in the Bonner Springs and Edwardsville communities. To donate go to: <http://bit.ly/FeedHisLambs-SHOJ>

## Recognize God in your Ordinary Moments **Memento Mori**

Just this week, my husband and I signed our wills, and the lawyer was careful to couch our transaction in gentle, abstract language: "When we lose you" she kept saying, instead of "When you die."

It's very uncomfortable to dwell on our death. But the Christian life does not just encourage us to do so: it demands that we do. I once came upon a prayer consecrating the last two hours of life to the Blessed Mother. I have since found variations of the prayer online with different phrasing, but the sentiment of them all is the same: let me not be caught sleeping. Let me be ready.

"You can't do all your homework at the end," a deacon who ministers to the dying once told me. "Good Friday is waiting in the wings for all of us."

I think of that a lot when I don't particularly feel like praying, when I think I'm too busy to go to confession or when feelings of resentment fester inside me on Sunday mornings as I pack my family off to church. All our good deeds are like polluted rags, says the prophet. We have all withered like leaves.

You can't do all your homework at the end. God is faithful. Are we?



# Eucharistic Revival

## From Sister Alicia Torres, F.E.

Managing Editor of the Eucharistic Revival Newsletter



Dear Friends,

As we recall the many things for which we are grateful today, you may have heard that the word "Eucharist" actually comes from the Greek word for thanksgiving!

This past Saturday, my religious community hosted our annual Thanksgiving Prayer Brunch in Chicago. Through the tremendous generosity of so many people, we were ready to welcome over 200 guests for a time of prayer and a delicious brunch, sending each family home afterward with a complete turkey dinner.

Something that is very important to my religious community is offering the opportunity for Eucharistic adoration so that while some are serving those in need, others are adoring our Lord on behalf of all. We decided to go a step further this past Saturday, finding a way to share the great treasure of the Eucharist with the many poor people who came to join us.

All morning as we were preparing for the guests, people were in the church adoring Jesus in the Eucharist. As the time drew near for the prayer service, guests were quietly welcomed into the church as we explained that Jesus was present in a very special way upon the altar. During the prayer service, Bishop Lombardo gave a very simple catechesis on the Eucharist, rooted in the Last Supper accounts from the Gospels. His simple explanation was a gentle invitation for all to have an encounter with Jesus in the Eucharist.

Even with many squirmy children, there was a peaceful atmosphere in the church. True, not everyone believed or understood the doctrine of the Eucharist, but the reverent atmosphere revealed that so many people were nonetheless experiencing God's presence.

I have been serving in our neighborhood for over 14 years, and I can say with complete honesty that we have never had a Thanksgiving celebration that went as peacefully, smoothly, and beautifully as the one that happened 6 days ago.

In the end, 300 guests and 150 volunteers enjoyed a delicious meal, and when you add those who came later for the turkey giveaway hosted after the Prayer Brunch, over 900 families went home with Thanksgiving dinner that day!

We are all hungry. In our own country, many people hunger for food, like the hundreds of people who came on Saturday. All of us hunger for love, and the only person who can truly satisfy that hunger is Jesus. Most of all, he longs to satisfy us with his total gift of self in the Holy Eucharist.

This Thanksgiving, know that Bishop Cozzens and our Eucharistic Revival and Congress Teams are praying for you! Jesus will satisfy the deepest hunger of your heart. It is an honor to be living this Eucharistic Revival together!

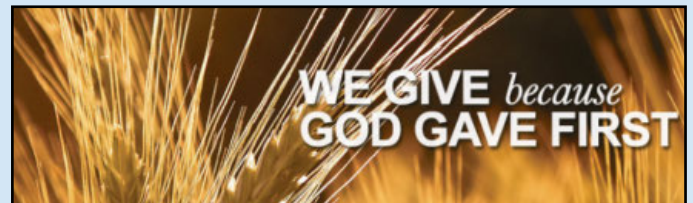
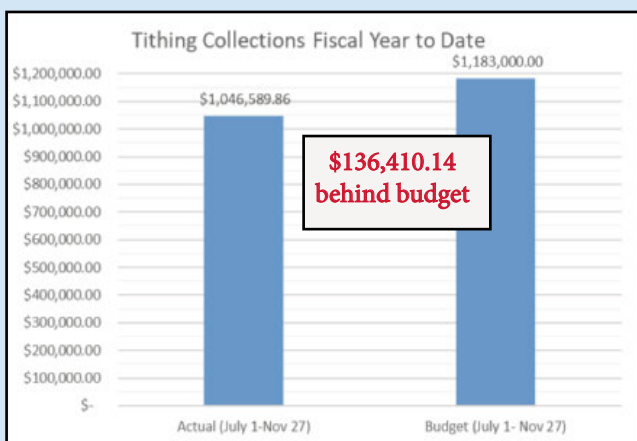


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– Matthew  
5:6



## Parish Weekly Financials



"For God so loved the world, he gave his only Son, so that everyone who believes in him might not perish but might have eternal life." John 3:16

# Around the Archdiocese

## Associate Superintendent

The Archdiocese of Kansas City in Kansas is seeking to fill the position of Associate Superintendent of Catholic Schools. This position works with Office of Catholic Schools staff to support school leaders in ways that will enable them to be spiritual and effective leaders for teachers. The incumbent provides a variety of development initiatives to assist school principals and faculty and coordinates curriculum development throughout the Archdiocesan Catholic schools. This position is full-time, will average 40 hours per week, and will have a target start date of July 1, 2024. For more information and to apply online, please go to [archkck.org](http://archkck.org), scroll to the bottom of the page, and click "Employment Opportunities".

## Camp Tekakwitha Job Opportunity

Camp Tekakwitha is looking for faith-filled, caring, and hardworking staff members who love radiant sunsets, powerful worship, making lifelong friendships, and having outdoor adventures with young people. Living at the gorgeous Prairie Star Ranch is icing on the cake!

Here is the link to apply: <https://recruiting.paylocity.com/Recruiting/Jobs/Details/2084534>



Peace in the Momb

## Pro-Life Christmas Caroling

**Saturday, December 10**

Starting at 9:00 am

Planned Parenthood  
6013 Leavenworth Rd  
Kansas City, Ks 66104

*In the Christmas story, hope enters the world through the birth of a child, even in the midst of difficult circumstances.*

*Join us as we share this Christmas hope where it's needed most: the abortion facility right here in our community.*

For more information, contact:

Organized nationally by the **PROLIFE ACTION LEAGUE**



## Sacred Heart of Jesus Parish Staff

### Priests/Deacon:

Fr. Jaime Zarse, Pastor.....ext. 204

Deacon Nicholas Moragues.....ext. 276

*Main Parish Office: 913.422.5700*

*Parish Fax Number: 913.422.5723*

*Parish School: 913.422.5520*

### Ministry Staff:

Mindy Boor, Music Coordinator, ext. 237

Emily Dumler, Director of Religious Ed K-5, ext. 202

Megan Dusselier, Director of Preschool, ext. 256

Tara Green, Hospitality Coordinator, ext. 253

Kathy Guthrie, Liturgy Coordinator, ext. 229

Kerry O'Keefe Owens, Miss Discipleship Coord, x250

Char Mies, RCIA and Adult Retreat Coord., ext. 241

Kathy Rhodes, School Principal, ext. 206

Kathleen Whalen, Dir of Missionary Discipleship, ext. 252

Jen Zans, Youth Ministry & Confirmation Coordinator ext. 247

### Administrative Staff:

Jessica Adams, Marketing Coordinator, ext. 248

Mike Billquist, Director of Facilities, ext. 268

Julie Krause, Director of Parish Operations, ext 205

Jennifer Peavler, Executive Assistant to Pastor & Business, ext. 225

Mike Pfitzner, Maintenance Coordinator



*Life is too precious, do  
not destroy.  
Life is life, fight for it.*  
St Mother Teresa of Calcutta

learn.  
grow.  
soar.

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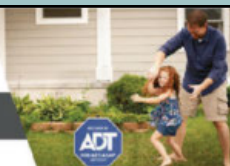
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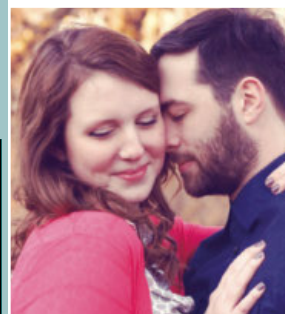
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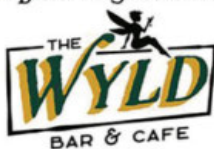
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