# NEW PARISHIONER GUIDE

## WELCOME TO OUR FAMILY!

**SACRED HEART *of* JESUS**
CATHOLIC PARISH AND SCHOOL

5501 Monticello Rd
Shawnee, KS 66226
www.shoj.org

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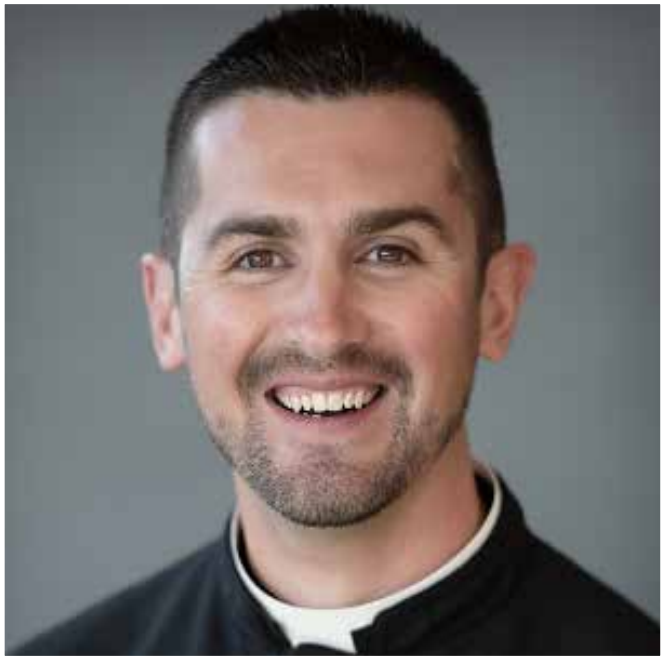
# WELCOME



## FR. JAIME ZARSE
PASTOR

At Sacred Heart of Jesus, our mission is clear- To put all hearts on a collision course with the Sacred Heart of Jesus. Jesus is calling us higher-not to comfort or complacency, but to holiness, healing, and transformation. We're a community that rejects mediocrity and pursues the summit of faith—where we encounter Christ. That pursuit defines our culture and fuels how we live and lead our core values, which aren't just ideals –they are the heartbeat of our mission: Our Core Values.

**Unapologetically Catholic:** Rooted in faith and grounded in Eucharistic Encounters, Reconciliation, Scripture, Fasting, and the Rosary. We strive to live and share the beauty of the Catholic faith.

**Grit:** We aim for excellence for God's glory—persevering with courage, hard work, and conviction, even when it's difficult.

**Joyful Servants:** With open hands and hearts, we serve humbly and generously. We foster a culture that is helpful, inviting, positive, and balanced because the world is watching, and we want them to see Jesus in us.

Like the early Church, we are building a vibrant, joy-filled, and welcoming community. Whether you're looking to deepen your faith or find your purpose, there's a place for you here. Come join us, and let's pursue Him together, all the way to the summit.

In Christ,

Fr Jaime Zarse

# WHO ARE WE?

*We are joyful, unapologetically Catholic servants who are passionately waging war on mediocrity.*

We're hopeful. We're gritty. And we're planting seeds for a future full of growth. With these seeds, we nurture an environment in which the Mass is the source and summit of each day. We empower our staff and faculty members to confidently, faithfully feed those we're spiritually responsible for, and are building a parish that is not only stable, but thriving, for the children, grandchildren and great-grandchildren of each and every person that walks through our doors today. We're continually working to put hearts on a collision course with the Sacred Heart of Jesus.

## Partners on Mission

**Putting hearts on a collision course with the Sacred Heart of Jesus**

# PARTNERS ON MISSION

A parishioner isn't just someone who's registered—it's someone who's all in. It means choosing to show up for Mass, for one another, and for the mission of putting all hearts on a collision course with the Sacred Heart of Jesus! Parishioners invest in the community by bringing their presence, their God-given gifts, and their financial support to help create a place where faith is lived, people are known, and Jesus is encountered.

As a parishioner, I am called to be more than just a spectator – *I'm called to be part of something bigger.* Being a parishioner means stepping into the mission of the Church with an open heart, offering what I can to help our community grow in faith, love and service—it's about becoming a Partner on Mission.

**As a Partner on Mission, you're called to:**

- **Gather** at Mass each week to worship God, be nourished by the Eucharist, and connect with the heart of parish life.
- **Grow** deeper in your relationship with Jesus by living out our five foundation stones: The Eucharistic (Adoration & Mass), Reconciliation, Scripture, Fasting, and the Rosary.
- **Give** generously in gratitude for God's blessings. Practice faithful stewardship by offering your time, talent, and treasure (in the form of tithing) in service to God and others.
- **Go** and live the mission by actively participating in our parish and school community, using your gifts to help others encounter Christ.

By registering and becoming a Partner on Mission, you're saying yes to this way of life. In return, we'll walk with you – offering resources, support, and opportunities to help you live out these expectations in real and practical ways.

# MASS & RECONCILIATION

**Weekend(Sunday Obligation):**

Saturday 4:30pm

Sunday 8:30am, 10:30am, 4:30pm

**Weekday:**

Monday-Friday 6:30am and 8:05am

Thursday: 6:00pm

(Wednesday 8:00am = All School Mass)

Saturday 8:05am

* All Mass Times are subject to change for holidays/holy days

Monday: 7:00am-8:00am

Tuesday: 7:00am-8:00am

Wednesday: 6:00pm-7:00pm

Thursday: 5:00pm

Sunday: 7:30am, 9:30am

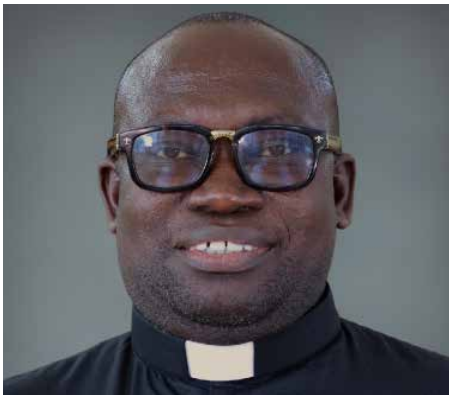
Our Adoration Chapel is perpetually open for anyone to adore the Blessed Sacrament. Request access to the chapel or sign up for a Holy Hour at shoj.org/masstimes. Adoration is also in the church Nave during reconciliation and prior to 8:00am Sunday Mass.

# OUR SPIRITUAL LEADERS

## Fr. Jaime Zarse

*Pastor*

Fr. Zarse leads our parish with zeal and a focus on our mission of putting hearts on a collision course with the Sacred Heart of Jesus.



## Fr. Joseph Asante

*Associate Pastor*

Fr. Joseph joins us from Ghana and brings great joy to our community!

## Deacon Nicholas Moragues

*Pastoral Assistance*

Deacon Nicholas uses his charism of teaching to share the good news and provide pastoral assistance to our community.

# PARISH STAFF

## Parish Operations

**Carson Ackerman**
*Communications Coordinator*
913.422.5700 ext. 238
carson.ackerman@shoj.org

**Sarah Kmiecik**
*Bookkeeping Specialist*
913-422-5700 ext. 204
sarah.kmiecik@shoj.org

**Aubree Lathrum**
*Marketing & Communications Specialist*
913.422.5700 ext. 248
aubree.galle@shoj.org

**Kerry O'Keefe-Owens**
*Parish Office Specialist*
913.422.5700
kerry.okeefeowens@shoj.org

**Mike Pfitzner**
*Maintenance Coordinator*
mike.pfitzner@shoj.org

**Angelo Reffett**
*Custodian*
angelo.reffett@shoj.org

**Joe Walter**
*Custodian*
joe.walter@shoj.org

**Pam Waldeck**
*Director of Operations*
913.422-5700 ext. 268
pam.waldeck@shoj.org

## School Admin.

**Jared Herzet**
*School Principal*
913.422.5520 ext. 206
jared.herzet@shoj.org

# Parish Life

**Emily Dumler**
*Director of Parish Life*
913.422.5520 ext. 202
emily.dumler@shoj.org

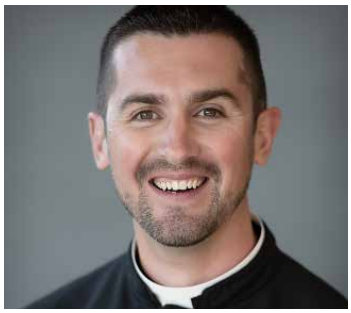
**Tara Green**
*Community Engagement Coordinator*
913.422.5700 ext 253
tara.green@shoj.org

**Erin Rodriguez**
*Parish Life Assistant*
913.422.5700 ext. 203
erin.rodriguez@shoj.org

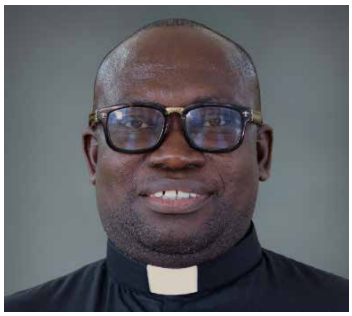
**Emily Warn**
*Director of Religious Education*
913.422.5700 ext. 252
emily.warn@shoj.org

**Jen Zans**
*Youth Ministry Coordinator*
913.422.5700 ext. 247
jen.zans@shoj.org

# Clergy & Liturgy



**Fr. Jaime Zarse**
*Pastor*



**Fr. Joseph Asante**
*Associate Pastor*

**Deacon Nicholas Moragues**
*Pastoral Assistant*

**Mindy Boor**
*Music Director*
913.422.5700 ext. 229
kathy.clement@shoj.org

**Kathy Clement**
*Liturgy Coordinator*
913.422.5700 ext. 229
kathy.clement@shoj.org

**Charlene Mies**
*Adult Retreat & OCIA Coordinator*
913.422.5700 ext. 241
charlene.mies@shoj.org

# LEADERSHIP TEAM

**Fr. Jaime Zarse**
*Pastor*

**Fr. Joseph Asante**
*Associate Pastor*

**Emily Dumler**
*Director of Parish Life*

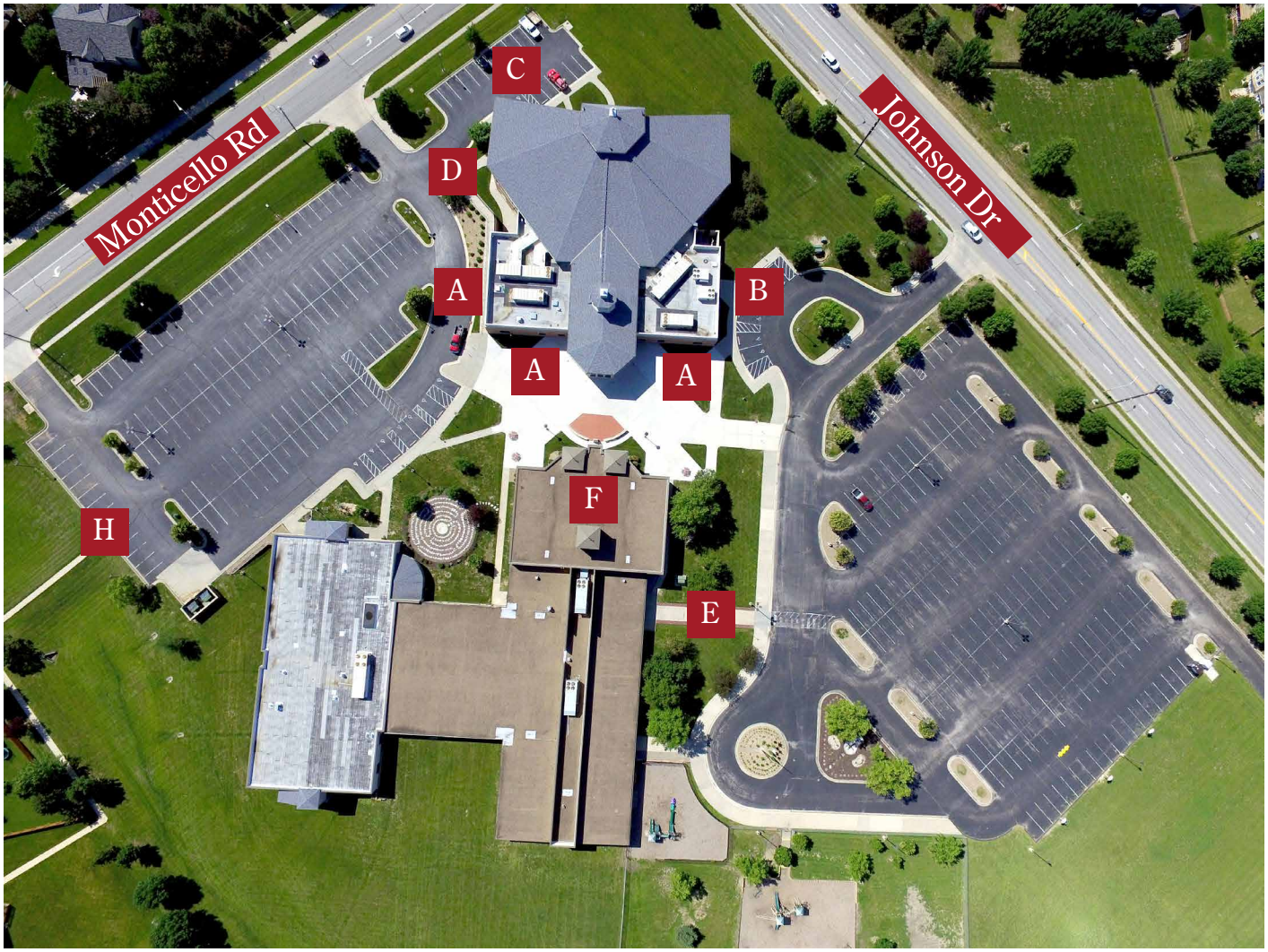
**Jared Herzet**
*School Principal*

**Pam Waldeck**
*Director of Operations*

Having a strong leadership team is essential because it creates the foundation for a healthy, mission-driven parish. Just as Jesus did not lead alone—He surrounded Himself with the apostles and other disciples who shared in His mission—our pastor is not called to lead in isolation. The pastor serves as the spiritual father and shepherd, but like Christ, he leads most effectively when supported by a trusted team. A leadership team helps carry out the mission, offers wisdom and accountability, and allows the pastor to focus on his unique pastoral role of teaching, sanctifying, and shepherding the people of God. Working together, the pastor and his team embody the model of Christ and the apostles: leading with unity, humility, and shared purpose so the parish can grow and flourish.

| | |
|---|---|
| CORE FOCUS | Putting hearts on a collision course with the Sacred Heart of Jesus |
| CORE NICHE | Waging war on mediocrity |
| CORE VALUES | Unapologetically Catholic, grit, joyful servants |

# OUR CAMPUS




## Church Building

Church Entrance.....A
Confessional/Reconciliation.....A
Meeting Rooms 1 & 2.....A
Adoration Chapel.....B
Accessible Entrance.....B

*Church - Lower Level*

Parish Offices.....C
Preschool Entrance.....D
Conference Room LL37.....D

## School Building

School Entrance.....E
SOR & Youth Ministry Entrance.....E
Multipurpose Center (MPC).....F
Middle School Entrance .....G
Library Entrance (PM Meetings Only).....G
Sidewalk to Rectory.....H

# FOUNDATION STONES

At our parish, our "currency" is measured through our Five Foundation Stones—core principles that guide and enrich our journey of faith. These foundational elements are what truly help us grow deeper in our Catholic faith and live it more fully each day. Through Eucharistic Encounters, Reconciliation, Scripture, Fasting, and the Rosary, we open ourselves more fully to God's grace and grow in relationship with Jesus Christ and His Church.

## EUCHARISTIC ENCOUNTERS

Encountering the Eucharist is a profound and personal way to connect with Jesus, experiencing His presence and love. We believe that Jesus is truly present—body, blood, soul, and divinity—in the Eucharist. The Eucharist is the "source and summit" of our faith, where we receive spiritual nourishment and participate in Christ's sacrifice and Resurrection. Through Eucharistic Adoration, we spend time in prayer and contemplation with Jesus. It provides an opportunity for us to encounter Him personally in a way that transcends ordinary experiences.

## RECONCILIATION

Monthly participation in the Sacrament of Reconciliation (Confession) is strongly recommended for Catholics seeking to grow in holiness and deepen their relationship with God, even if they have not committed mortal sins. While the Church requires Confession at least once a year, frequent Confession offers a variety of spiritual benefits.

# SCRIPTURE

The Bible contains God's love letters to us, written by humans under the inspiration of the Holy Spirit.  Reading the Bible is a way to learn about God's character, understand His plan, and discover how to live a meaningful life aligned with His will. It provides guidance, wisdom, and hope, ultimately leading to a deeper relationship with God and a transformed life.

# FASTING

Fasting is essential in order to achieve spiritual freedom. Through fasting, one is better able to listen to God and man and to perceive them more clearly. If, through fasting, we achieve that freedom, we will be more aware of many things. Once we are aware that we can enjoy the necessities of life without struggle, then many fears and worries fade away. We become more open to our families and to the people with whom we live and work. Fasting can be from food or other vices that keep us from our relationship with Jesus.

# ROSARY

Praying the Rosary combines vocal prayer with meditation on the life of Jesus Christ and his mother, Mary. It's a way to deepen one's relationship with God, find peace, and seek Mary's intercession. It is also a powerful tool against sin and a source of grace. What better way to know Jesus than through the one who knew him best...His mother.

# GIVING

## WHY WE GIVE

Throughout sacred scripture God tells us that everything belongs to God. He made the world and all that is in it. He made us and blessed us with absolutely every gift we have.

Our lives, our families, our health, our education, our unique talents and skills, our job and our income are all blessings from God, entrusted into our care for the good of all peoples. In giving we are a "kingdom builder" here on earth – giving back to God through the Church.

*"I chose to start tithing after I took a Pentateuch class in college where we learned that tithing was established in Leviticus and there it was- a decision God made easy for me! I like to take advantage of the words God speaks clearly to me in Scripture when there are so many other parts of life that have me asking him "What should I do?" I am a proud product of 16 years of Catholic education and the community that Sacred Heart built for me, and I would not have been so blessed if it weren't for the generosity of those before me."*

*- Quote from a SHOJ 23-year-old parishioner who began tithing at the age of 22.*

For more information on tithing, planned giving and endowment visit our website.

Scan the QR Code to visit our website

Tithing invites us to put God first—not just in what we give, but in how we live. We give joyfully as we help build His Church on earth to bring souls closer to Him. Tithing forms our hearts for eternity as it anchors us on our true treasure: life with God forever.

This chart depicts tithe amounts for an income of $150,000, discover your own tithe by using the QR code below.

| AMOUNT | ANNUAL | MONTHLY | WEEKLY |
|---|---|---|---|
| 10% | $15,000 | $1,250 | $289 |
| 7% | $10,500 | $875 | $202 |
| 5% | $7,500 | $625 | $144 |

Calculate your tithing by scanning the QR code

Scan the QR code to add or edit your gift

# SACRAMENTS

We recognize that sacraments are deeply personal and sacred moments in the life of a family and we take a great care in providing the proper education and assistance to our parishioners.

## BAPTISM

Baptisms take place the first four Sundays of the month after the 11:00 am Mass. Baptismal Preparation Class is required for parents and godparents. Information and registration forms can be found at: https://shoj.org/baptism. Please contact Kerry O'Keefe-Owens (kerry.okeefeowens@shoj.org or 913-422-5700) two months prior to the birth of your child.

## FIRST EUCHARIST

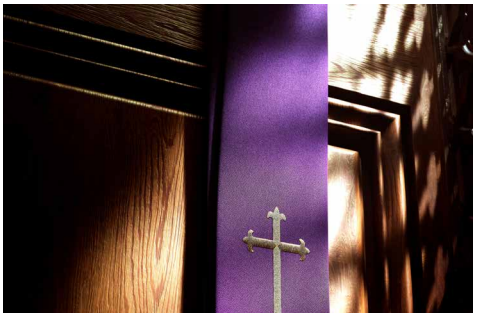
**CHILDREN**

First Eucharist preparation is a two year program, usually starting in first grade. This preparation is provided in our parish school and School of Religion. For more information contact emily.warn@shoj.org.

## CONFIRMATION

Our youth prepare to receive this sacrament in the fall of their 8th grade year with confirmation taking place in the spring of each year. For more information or to register, contact Jen Zans at jen.zans@shoj.org.

## FIRST RECONCILIATION



**CHILDREN**

First Reconciliation preparation is a two year program, usually starting in first grade. This preparation is provided in our parish school and School of Religion. For more information, contact emily.warn@shoj.org.

# ANOINTING OF THE SICK

To receive the Sacrament of Anointing of the Sick, just ask a priest after Mass or schedule a time by contacting Please contact Kerry O'Keefe-Owens (kerry.okeefeowens@shoj.org or 913-422-5700.)

# MATRIMONY

Our wedding handbook and the registration form for weddings can be found at https://shoj.org/marriage. Please complete the form at least six months prior to the proposed wedding date. Please contact Kerry O'Keefe-Owens (kerry.okeefeowens@shoj.org or 913-422-5700) for more information.

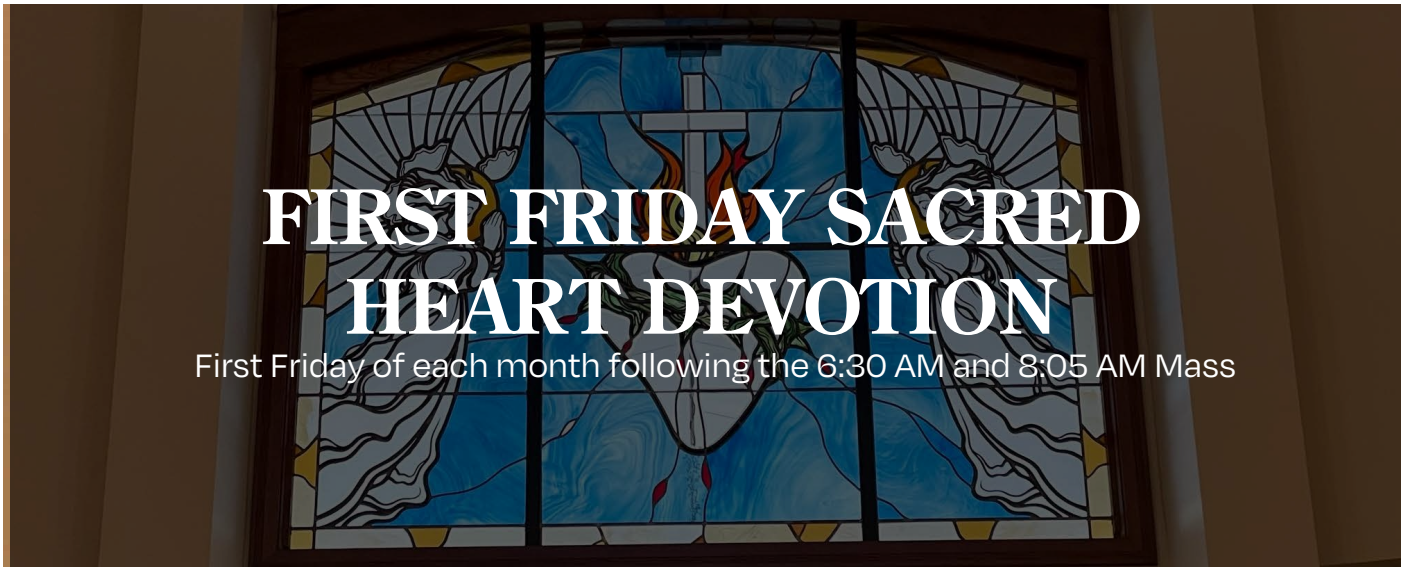
# HOLY ORDERS

For more information about the vocation of Holy Orders, please contact the Vocation Office at the Archdiocese of Kansas City, Kansas by emailing them at vocation@archkck.org.

# ADULT SACRAMENTS/BECOMING CATHOLIC

The Order of Christian Initiation of Adults (OCIA) is the process used to welcome and prepare adults who are exploring becoming Catholic (or if already Catholic, completing their Sacraments of Initiation). Our process is year-round so you may join at any time. If you are interested in learning more about the OCIA Process, please contact Char Mies, at charlene.mies@shoj.org

# DEVOTIONS



## FIRST FRIDAY SACRED HEART DEVOTION

First Friday of each month following the 6:30 AM and 8:05 AM Mass

## FIRST SATURDAY DEVOTION TO THE MOST HOLY ROSARY

First Saturday of each month following the 8:05 AM Mass

## ROSARY AS A COMMUNITY

Every Tuesday and Thursday following the 8:05 AM Mass

4th Saturday of the month – 10:00 AM in the Rosary Garden (in front of the school)

# OUR SCHOOL (PRE K-8TH)

## A Note From Our Principal

Welcome to Sacred Heart of Jesus Catholic Parish and School!

We are blessed to welcome you into our parish family and invite you to discover the vibrant faith filled community of Sacred Heart of Jesus Catholic School. Our school partners with parents to nurture the spiritual, academic, and personal growth of every child through Catholic values, strong academics, and a loving environment centered on Christ. Guided by our school theme this year; "Work With Faith. Serve With Humility.", students are encouraged to use their God-given talents to serve others and grow in discipleship each day. We look forward to walking alongside your family in faith, learning and community. Please call me for more information.God bless,

*Mr. Jared Herzet*

(913) 422.5520

jared.herzet@shoj.org

For preschool inquiries, please contact

Angela Rockers, Vice Principal: (913) 422-5520, angela.rockers@

## STEPS TO ENROLL

1: Application
- Family Registration Form
- Student Enrollment Form
- Fees
- Transcripts (if needed)

2. Acceptance

3. Completion

Ask us how you can complete forms online!

FIND US ONLINE & DOWNLOAD OUR APP:

www.school.shoj.org

# MINISTRIES

## Welcome & Hospitality

- Coffee and Donuts
- Childcare
- Greeters
- Narthex Information Desk
- New Parishioner Welcome Committee
- Special Events Committee

## Prayer & Liturgy

- Altar Servers
- Arts & Environment
- Eucharistic Adoration
- Extraordinary Ministers of the Eucharist
- Lectors
- Marian Mantle Prayer Group
- Music Ministry
- Prayer Line
- Rosary Leaders
- Ushers

## Faith Formation

- Confirmation Preparation
- First Sacraments
- Marriage Preparation
- OCIA Sponsor/Mentor
- School of Religion
- Vacation Bible School
- Youth Ministry

## Family & Life

- D-A-S-H (Dads at Sacred Heart)
- M-A-S-H (Men at Sacred Heart)
- S-A-S-H (Seniors at Sacred Heart)
- Marriage Ministry
- Mother's Circle
- Young Adult Ministry (Verso l'Alto)

## Service & Support

- Bereavement Ministry / Grief Support
- CYO Committee
- Foster Care
- Knights of Columbus Council 2408
- Respect Life Ministry
- Sacred Heart Staff Support
- Service Committee
- St. Mary's Food Kitchen

# YOUTH FORMATION

Parents are the first formators of the faith for their children, but our School of Religion and Youth Ministry ministeries are resources that we offer to support parents in their role.

*"Education in the faith by the parents should begin in the child's earliest years. This already happens when family members help one another to grow in faith by the witness of a Christian life in keeping with the Gospel. Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith...The parish is the Eucharistic community and the heart of the liturgical life of Christian families; it is a privileged place for the catechesis of children and parents."*

*- CCC 2226 -*

## School of Religion (SOR)

Wednesdays 4:30-5:45 & 6:30-7:45
Kindergarten - 5th Grade

School of Religion (SOR) is a religious education program for parish children who attend public school or home school in grades kindergarten through 5th grade. In our Elementary Faith Formation program, kids will discover what it means to be Catholic in fun and meaningful ways—through prayer, stories, and hands-on activities. Just like the Holy Spirit filled the hearts of the Disciples at Pentecost, we pray that this ministry will spark a love for Jesus in the hearts of our young children. For more information contact Emily Warn at emily.warn@shoj.org.

## Middle School Youth Ministry

Wednesdays 4:30-5:45 & 6:30-7:45
6th - 8th Grade

Our vision is to build a community of disciples who authentically live out their faith with the help of the 5 Foundation Stones. Attending Middle School Youth Ministry will give students the opportunity to enter deeper into a relationship with Jesus, teaching them how to build a prayer life while exploring what it means to be Catholic in a more meaningful way. Pentecost was a spark in the hearts of the Disciples and the birth of the Church; we hope this ministry will do the same for our young people. For more information contact Jen Zans at jen.zans@shoj.org.

## High School Youth Ministry

Sundays 6:00-7:45 PM
9th - 12th Grade

Our mission is to lead our teens closer to Christ through our weekly Sunday night youth group. Each night includes dinner, a topic on the faith, games, laughter and opportunities to build deeper friendship. We also have an awesome Core Team of volunteers willing to invest and be a guide in the lives of our teens. For more information contact Jen Zans at jen.zans@shoj.org.

# CHARISMS

Charisms are spiritual gifts given by the Holy Spirit to each of us at baptism—not for our own benefit, but to bring Christ's love to others.

They can deepen your relationship with Christ, help you find greater purpose and joy in serving, and know how you are uniquely called to build up the Body of Christ.

## Charism List

Administration
Celibacy
Craftsmanship
Discernment
Encouragement
Evangelism
Faith
Giving
Healing
Helps
Hospitality
Intercession
Knowledge
Leadership
Mercy
Missionary
Music
Pastoring
Prophecy
Service
Teaching
Voluntary Poverty
Wisdom
Writing

**FREE** Charism Booklet from Many Part Ministeries

If you are interested in taking a FREE Charism Assessment, contact Char Mies at charlene.mies@shoj.org or call the parish offices.

Interested in hearing more about why charisms are important at our parish? Check out Fr. Zarse's video!

After taking a charism assessment, it is important to enter into discernment. The assessment provides only a snapshot of your possible charisms, while discernment helps you prayerfully test, confirm, and live them out in real life.

*"The discernment process helped me discover where I can best serve both our parish and my Domestic Church. It has brought me such peace and joy—the fruits of the Holy Spirit—knowing that I am serving where God desires me to be. God has created each of us with unique charisms out of His love, and we are called as a community to share these gifts for the good of others." - Jessica Kesler, SHoJ Parishioner*

## Fruits of the Holy Spirit

When we live into our charisms we will experience the Fruits of the Holy Spirit.

**The Fruits:**

Love
Joy
Peace
Patience
Kindness
Goodness
Faithfulness
Gentleness
Self-Control

Wanting to delve even deeper into your discernment of charisms? Contact Char Mies at charlene.mies@shoj.org for information for upcoming Charism Workshops.

# STAY CONNECTED

**E-NEWSLETTER -** Our E-Newsletter comes out every Friday at 7:00 AM. It has our most comprehensive list of events and opportunities. It features our ongoing ministries as well as single events with information on how to register.

**BULLETIN -** Our bulletin  features a list of recent upcoming events in the parish as well as a more detailed blurb regarding the event with QR codes to register. You can also find information regarding the podcast, the school, our financials, and more!

**FACEBOOK AND INSTAGRAM -** Through these social media platforms, you can find immediate announcements, information for events, liturgical catechesis, feast day celebrations, and more!

**YOUTUBE -** On our channel, you will find videos for events, pastor announcements, our parish mission, and testimonies.

**THE WAR ON MEDIOCRITY PODCAST & YOUTUBE -** Drawing from the Latin origin of mediocris—"halfway up the mountain"—this media apostolate is here to inspire and equip you to climb higher, living life abundantly as God intended, not halfway.

**WEBSITE -** Our website includes calendars, event information, links to our online store, homilies, and online giving, information about Mass and sacraments, and other opportunities to get involved.

SHOJ WEBSITE

T.W.O.M PODCAST

T.W.O.M YOUTUBE

FACEBOOK

INSTAGRAM

PARISH YOUTUBE

# NON-PROFIT MERCH STORE

Our parish shop offers Sacred Heart of Jesus merchandise, designed to help you share your faith and represent our community wherever you go! This is purely for fellowship and mission - we make $0 on these items. It's simply an opportunity to wear and share your mission with the world!

**SHoJ Merch Store**

We have mens, womens, and kids apparel, as well as hats, mugs, stickers, and more!

*Putting hearts on a collision course with the Sacred Heart of Jesus*